



MANCHESTER SKI CLUB

January 2009

Manchester Ski Club, P.O. Box 126J7, Manchester, CT 06045
Manchester Ski Club Lodge, 4 Pleasant St., Ludlow, VT 05149 (802) 228-2226
Reservations: ManchesterSkiClub@gmail.com or call Jon Orzolek (860-828-8124)
Please pay lodge overnight and dinner fees by check only
CLUB WEBSITE WWW.MANCHESTERSKICLUB.ORG

President's message- Happy New Year to all! I hope all of you have been out on the slopes.

Those of you who didn't make it to the Jan. member meeting missed an informative presentation by Jen Sylvestre, an exercise science major at UNC-Charlotte. Jen demonstrated a number of stretching exercises, some of which could be done with skis on while waiting in the lift line, after ski stretches, and some simple exercises to keep fit. The Feb. meeting speaker will be our own Kevin Leyland who will speak on ski safety.

I'd like to remind all of you about the upcoming races, the Winter Carnival at Okemo, new discounts, Saturday night dinners at the lodge, ticket broker, nominations. All are in this newsletter-please read about them!

Request from reservations chair-please use: ManchesterSkiClub@gmail.com for making reservations to stay at the lodge; it is more reliable than going thru the MSC website. Think snow & have fun skiing/boarding! Hope to see you at the races!

Mary J. Sylvestre
President MSC

Ticket Brokers this year are Gene and Sheila Robida. Contact them at erobida@comcast.net if you have extra tickets to sell or if you would like to buy more tickets. They'll connect you to someone to buy/sell but please don't wait until the last minute.

Nominating Committee

The nominating committee has been formed. Bob Haus, Kevin Leyland and Jon Orzolek are putting together a slate of Officers and Board members for next year. The slate will be voted on by the Board at the March BOD meeting and listed in the newsletter. The membership will vote at the April meeting.

Interested in a position? Contact a member of the nominating committee for any position. Time commitment: Member meetings are the first Monday of the month, October through April and Board meetings are the second Monday of the month, January through December.

January Raffle Prizes

Gary Warzocha – 2 mid-week Lift Tickets to Pats Peak

Sheila Klapatch – 2 Lift Tickets to Jay Peak

Ethan and Melinda Brown – 2 Vouchers for non-holiday use - Whiteface Mountain

Car Pool

Interested in Car Pooling? go to SkiHitch.com

Lodge News

Reservations: Send to manchesterskiclub@gmail.com.

Include your contact information, telephone number and email address.

Saturday Night Suppers: contact **SANDY THORNE** (413) 596-9497 or sgt40@charter.net

Join a fun evening with other MSC ski friends. COOK a meal and not have to CLEAN UP!

1. Call Sandy Thorne to reserve a Saturday Night
2. Buy the food, figure \$5.00 per person for adults and \$3.00 for children
3. Pre cook some and finish at the lodge
4. After dinner sit back and ENJOY the CONVERSATION and fun!

Ski Discounts: Show your MSC membership card at these local businesses for discounts

New England Ski and Scuba
Quality Appliance Service
Pass It On Sports
Suburban Sports
Pig Iron Sports
Eastern Mountain Sports
Vision Salon and Spa

Race News

Please come join us for our two annual club races:

1. The **Jean Bloom-Lysobey Memorial Race** (Interclub Race) to be held **Saturday, February 7th**. This is followed later in the afternoon by the Post-Race Party and Awards Ceremony at the Lysobey residence. The "Bloom-Lysobey Memorial Race" is hosted by the Norwalk Ski Club, John and Chris Lysobey. Mrs. Bloom was their daughter who loved to ski and race. She met with an untimely death a few years ago. The Lysobey's started the race to honor their daughter, "Bloom Memorial". Three clubs, Manchester, Grumman and Norwalk Ski Clubs participate. Don't miss the party at the Lysobey's on Okemo Mountain: 1st house on the right on Ponus Road. They have lots of food! Bring your Bathing suit and towel! The Lysobey's Indoor Swimming Pool & Hot Tub are available for our use (the kids love it) from 2 pm on. Ribbons and Medal Awards are given out at 6 pm. The Norwalk Club usually provides & uses numbered bibs. Check with Don Eberhardt.
2. The **Robert W. Blake Challenge Race** will be held **Saturday, February 28th**. A traditional fun race for all ages and abilities. This is followed by our club's Party and Awards at 4 pm in the MSC Lodge Game Room. Trophies to ALL youth, age 16 and under, larger trophies to the winners, engraved plaques to the top ten and 2 Huge Club Trophies for the Club Champions. Everyone is invited to join the party!

BOTH races are held on the NASTAR Course, to the Right of the Blackledge Chair-Lift.

PLEASE USE THE FORM ENCLOSED IN THE NEWSLETTER TO REGISTER.

These races are for all ages and all abilities!! Come and join the fun!!

Manchester Ski Club – Race Entry Form

Name _____

Address _____

Town _____ State _____ Zip _____

Email _____

Phone Number (H) _____ (W) _____

Age: ____ Male: ____ Female: ____

Skier: ____ Snowboarder: ____

Check one or both races:

Interclub Race: ____
Feb 7, 2009 10 am
Skiers Only

R.W. Blake Challenge Race: ____
Feb 28, 2009, 10 am
Open to all

Please read and sign (mandatory) the waiver below to participate
in the Interclub Race or the R.W. Blake Challenge

The Manchester Ski Club is a year-round social/sports club providing a variety of activities for its members. Many of the club activities are, to varying degrees, hazardous. By making application for participating in the above race(s), I/We voluntarily assume all the risks involved. By assuming all risks involved, I/We agree to not hold the Manchester Ski Club, its officers, or board members liable for any accident or injury resulting from my (or other family members') participation in a club activity or use of club facilities.

This release shall be binding on my distributees, heirs, next of kin, executors, administrators and personal representatives.

I/We have read this release in full and understand it, and I/We hereby apply for participation in the selected race(s).

Your Name: _____ Spouse _____

Signature _____ Signature _____

Date _____

Return form to:
Don Eberhardt, P. O. Box 757, Glastonbury, CT 06033-0757
Email: manskiclub@aol.com
Fax: 860-657-4871

More Race News from Lou Gaedt (lgaedt@ct.metrocast.net)

Jan 19,26-Feb 2- Monday Night Racing-Mt Southington

Club Sponsored- Race for our club against other Council clubs. A great place to improve your skills. No experience necessary. Our club team is growing each week. A Nastar based event that allows you to gauge yourself with racers from throughout NE and the US, you may even qualify for the nationals in SteamBoat late March.

Directions: Show up with \$28 no later than 7:30, race starts at 8, beer and pizza afterwards.

Feb 8th- Masters GS Race- Okemo Chief

Not a club sponsored event but truly a thrill of a lifetime. A full FIS race course with some of the best older racers of New England. Several members are scheduled to participate and all are welcome.

Directions: Information is on line at nemasters.org. You may contact Lou for further info

March 6,7,8-Ski Council Winter Carnival-Okemo

Club sponsored- Fantastic array of fun events with other Connecticut clubs all trying for the top spot. Kids and adults are given points for racing, volleyball, tug of war and a rally race. Snow boarders are welcome. Information is listed on the CT council website skiclub.com. CSC & Okemo have discounted the lift tickets for the weekend.

Direction: Read the “event” sheet and plan out which activities you want to join.

Contact Lou Gaedt as soon as possible and he will send you the required waivers that have to be turned in several weeks before the event. Don’t delay in signing up.

Fax-860-848-2070 or email lgaedt@ct.metrocast.net

**All event times and locations subject to change
Most info is based on last years schedule for now!**

Event (or Race)	When (tentative)	Location/Trail/Info
Downhill Registration	Fri 7:30am – 9:00am	Clock Tower Meeting Room
Downhill Course Ins	Fri 9:30 – 10:15am, mandatory	Chief or Wardance
Downhill *	Fri 11:30am	Chief or Wardance (Registration Required)
Race Clinic Registration	Fri 12:30pm	Clock Tower Meeting Room
Race Clinic	1:30 – 3:30pm	TBD
Saturday Registration	7:00am – 8:30am	Clock Tower Meeting Room
Junior A	Sat 9:30	Race Arena, Lower Blackout
Snowboard *	Sat 9:45	Wardance (Registration Required)
Junior B	Sat 10:00	Wardance
Women’s	Sat 10:15	Wardance
Club	Sat 12:30	Wardance
Team	Sat 1:30	Wardance
Volleyball	Sat 2:30 – 5:00	Sugar House

Dinner	Sat 7:00-8:30	Great Room, Main Lodge
Saturday Party	Sat 8:45 – 10:00	Great Room, Main Lodge
Cross Country *	Sun 9:00, (reg 8:00-8:45 at xc)	Okemo Nordic Center (Registration Required)
Ski Rally	Sun 9:00-11:00	TBD, NO communication devices in lodge
Fun Race	Sun 11:00-12:30	Sugar House
Tug-O-War	Sun 1:00 – 2:00	Sugar House

The membership list has been sent to all by email.

NEXT MEETING - Monday, February 2, 2009 – 7:30 p.m.

Kevin Leyland, a Ski and Ride School Instructor, will present a program on “Mountain Safety”.

A brief business meeting will follow.

Location: South United Methodist Church, Manchester - **Upstairs**